



Housing Rural Heroes: Veterans in Rural America

Research brief from the Housing Assistance Council

This Rural Research Brief from the Housing Assistance Council features analysis of demographic, housing, and economic conditions for veterans in rural America.

Of the more than 22 million veterans in the United States, approximately 5.6 million live in rural or small town communities comprising 11 percent of the adult rural population. While 21 percent of the population lives in rural and small town America, one-quarter of the nation's veterans live in rural communities. But this imperative can be particularly challenging in rural America.

To read the complete research brief, [click here](#).

Sleep Problems Following Trauma: PTSD Monthly Update

Guidance for service providers dealing with clients' PTSD-related sleep problems

Help your clients with sleep problems with the following resources from the National Center for PTSD. Learn about effective treatments and tools for PTSD-related sleep symptoms, including nightmares and insomnia.

[Course: Sleep Problems, Insomnia and PTSD](#)

This online course reviews the clinical practice guideline recommendations for treating sleep problems, insomnia, and PTSD.

[Nightmares and PTSD: Research Review](#)

Provides information on prevalence and characteristics of posttraumatic nightmares, cultural issues, and effective treatments.

CLPHA Releases Housing Authorities: Essential Partners in Ending Homelessness

Annual report highlights housing authorities' role in ending homelessness

Each year, the Council of Large Public Housing Authorities (CLPHA) produces a report that highlights the work of its members and focuses on the ways in which housing authorities are strengthening neighborhoods and improving lives.

CLPHA's 2013 report, [Housing Authorities: Essential Partners in Ending Homelessness](#) was recently released. Housing authorities have always assisted households previously experiencing or at risk of homelessness. By enabling extremely low-income households to afford their homes, housing subsidies serve to prevent and end homelessness.

Increasingly, housing authorities are also bringing their subsidies into partnerships with the homeless services system, leading to more targeted efforts that include permanent supportive housing, sponsor-based vouchers, and dedication of resources to evidence-based practices such as rapid rehousing.

CLPHA members know from experience that when local systems work together, outcomes for families and individuals living in poverty improve. As evidenced by the work on homelessness featured in this publication, housing authorities' innovation and partnerships are already challenging rigid, compliance-driven programs and systems to be better aligned and integrated while refocusing on "people outcomes."

Partnerships also enhance the work at CLPHA, and they recognize the U.S. Interagency Council on Homelessness, the Bill & Melinda Gates Foundation, the National Alliance to End Homelessness, CSH, LeadingAge, and the National Coalition for Homeless Veterans for providing the context for the work of the seventeen housing authorities featured in this publication.

Funding Opportunities

The Franklin Square House Foundation makes grants to housing and shelter organizations working to support women and families in Boston and the surrounding communities. While the Foundation focuses its grant making activities primarily on projects providing transitional and permanent housing, it pays specific attention to organizations that provide supportive services appropriate for the populations they serve. The next deadline for applications is Jan. 15, 2014. For more information, [click here](#).

The Windermere Foundation is a 501c(3) nonprofit organization created by Windermere Real Estate for the purpose of raising and distributing funds to support low-income and homeless assistance programs for families throughout the western U.S. All funds must be distributed through an eligible nonprofit organization and readily tracked back to the families and children being served. Examples of programs that are supported: rent assistance, utility assistance, food assistance, most programs assisting low-income and/or homeless children/youth, and job training. Deadlines are determined at the local level. For more information, [click here](#).

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For the latest news, resources and grant information, visit our website at www.nchv.org.

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